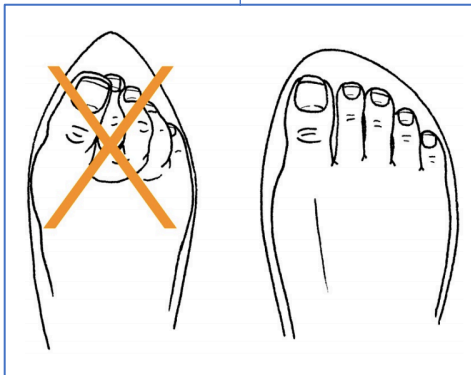


**Instruct a person at moderate risk (IWGDF risk 2) or high risk (IWGDF risk 3) to wear therapeutic footwear that accommodates the shape of the feet and that fits properly**

The inside length of the shoe should be 1 to 2 cm longer than the foot and should not be either too tight or too loose



The internal width should equal the width of the foot at the metatarsal phalangeal joints, and the height should allow enough room for all the toes



Evaluate the fit with the patient in the standing position, preferably later in the day (when they may have foot swelling).



In a person with diabetes who has a healed plantar foot ulcer (IWGDF risk 3), prescribe therapeutic footwear that has a demonstrated plantar pressure relieving effect during walking, to help prevent a recurrent plantar foot ulcer



**IWGDF risk 2:** LOPS + PAD or LOPS + foot Deformity or PAD + foot Deformity.

**IWGDF risk 3:** LOPS or PAD and one or more of the following: history of foot ulcer, minor or major amputation, end-stage renal disease

**LOPS:** loss of protective sensation

**PAD:** peripheral artery disease