

In a person with diabetes with LOPS or PAD (IWGDF risk 1 – 3) perform a comprehensive foot deformity examination:

1

Hallux abductus valgus



Definition: lateral deviation from normal shape of the 1st MPJ

2

Claw toe



Definition: plantar flexion of the proximal and distal IPJs and dorsiflexion of the MPJ (e.g. 2nd and 3rd toes)

3

Hammer toe



Definition: flexion contracture of the proximal IPJ and neutral or flexion contracture of the distal IPJ (e.g. 2nd and 3rd toes)

4

Metatarsal head prominence



Definition: bony prominence located beneath a metatarsal head (e.g. 3rd head)

5

Charcot-foot deformity



Definition: mid-foot Charcot rocker-bottom deformity